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## **PROFESSIONAL DEVELOPMENT CALENDAR**

### **UPCOMING PD OPPORTUNITIES - WINTER 2019**

THURSDAY, FEBRUARY 7, 2019 | 11:00 AM - 3:00 PM

#### **CONSTRUCTIVE PROBLEM SOLVING FOR TEAMS**

*Presented by Elise Chambers, Conflict Resolution Center*

*Granary Event Center at Chaska Mill*

\$25/person or \$20/person for teams of 5+, teams of at least four, lunch provided.

TUESDAY, FEBRUARY 26, 2019 | 5:00 PM - 7:00 PM

#### **RECOGNIZING EARLY WARNING SIGNS OF MENTAL ILLNESS IN CHILDREN AND ADOLESCENTS**

*Presented by Elizabeth Babkin, NAMI Minnesota*

*Township Hall at Carver County Government Center, Chaska*

\$10/person; learn about mental illnesses in students, the impact on a student's success in school and how parents and teachers can work together as allies to support these students. Meets the continuing education requirement for teachers; CEUs given.

THURSDAY, MARCH 7, 2019 | 4:00 PM - 6:00 PM

#### **UNDERSTANDING FASD MAKES A DIFFERENCE**

*Presented by Shauna Feine, Proof Alliance*

*401 Building, Chaska*

For SWMetro staff & member districts. It is estimated that as many as one in 20 U.S. children has a fetal alcohol spectrum disorder (FASD). FASD is a medical condition that encompasses a wide range of physical, neurobehavioral, and cognitive symptoms associated with prenatal alcohol exposure. This presentation will provide an overview of the basics of FASD, discuss common traits and behaviors associated with prenatal alcohol exposure, and how those symptoms may cause challenges for children and adolescents with an FASD, as well as, for professionals supporting them. Lastly, we will explore interventions and strategies to effectively support students on the fetal alcohol spectrum to promote successful outcomes.

TUESDAY, MARCH 12, 2019 | 4:00 PM - 5:00 PM

#### **SUICIDE PREVENTION**

*Presented by Elizabeth Babkin, NAMI Minnesota*

*401 Building, Chaska*

Free to SWMetro staff & member districts; one hour course goes towards certification credits for Questions, Persuade, Refer (QPR) course; CEUs given to staff.

FRIDAY, MARCH 22, 2019 | 8:30 AM - 11:00 AM

#### **MY CULTURE, YOUR CULTURE**

*Presented by Regina Seabrook, MN Equity Alliance*

*River Valley Education Center Multi-purpose Room, Jordan*

\$10/person - open to social workers, light breakfast provided; learn about frameworks and continuums of difference. What is the difference between deep vs. surface culture? What are the conflict and work styles based on cultural responses and norms. And finally, how can we, as social workers, communicate and respond best when working with families of varying cultural backgrounds. Meets two CE hours towards social work ethics content recertification hours. CEUs given.